

**IN THE MCDONALDS KIDS RACE IT IS PROHIBITED FOR CHILDREN TO PARTICIPATE WITH BIKES, SCOOTERS, ROLLER SKATES ETC**

## **5. RULES OF CONDUCT**

The Road Races of the Larnaka Marathon are approved by the the Cyprus Amateur Athletic Association (CAAA), member of IAAF (International Association of Athletic Federations) and are conducted in accordance to the Articles and Provisions of the Regulations "Competition Rules" of IAAF and CAAA as they were applied from 1/11/2017.

NOTE: What is not explicitly mentioned in the paragraphs of the present notice is subject to the regulations of IAAF, CAAA and AIMS, while the Articles with all their Provisions, which govern the Public Road Events are automatically and universally enforced.

Particular attention must be paid in compliance to the Rules of Articles 144, 145 & 240, according to which, among other rules, specific actions are seen as aid and are consequently NOT ALLOWED.

Enforced Automatically and Universally are the provisions of:

Article 144-Aid to Athletes

Article 145-Disqualification of Competitor

Article 240- Road Races on Public Road

Article 144.(2) Athlete- a contestant who gives or receives assistance during a race will receive a warning from the Judge or Registrar and will be informed that if repeated, they will be disqualified from the particular race. If an Athlete is disqualified from a race all of his performance in the race up to that moment, will be considered invalid.

Note: In cases under Article 144.3(a)-"pacing" disqualification can be done without warning.

Article 144.3(a) Pacing guidance is not permitted by people who do not participate in the same race, from athletes who are missing one round or are about to be overlapped by one round or by any kind of mechanic device guided or not by a person (except those that are allowed according to Article 144.4(d).

Article 240.8(e)

The athlete –contestant who accepts or gets himself a refreshment or water from a point other than the official stations, except where this is given for medical reasons by the judges of the event or under their supervision, or gets a drink from another athlete or another person, should, if this is their first misconduct, receive a warning from the Judge-Registrar usually with the display of a yellow card. If they resume for a second time to the same misconduct, then the Judge/Registrar will disqualify the athlete-competitor by showing him a red card or flag. In this case the athlete leaves the race immediately.

## **6. APPLICATIONS | REGISTRATIONS**

### **6.1 Applications**

Participants can apply up to Monday November 11, except for applications regarding the corporate race which will be up to November 8, 2019.

According to availability, registrations can also be made to the Registration Centre.

Availability will be determined by notice from the Technical Committee of the Race.

### **6.2 Ways to Register**

You can apply to participate by:

- a. On line registration on: [www.Larnakamarathon.net](http://www.Larnakamarathon.net)
- b. Sending the printed statement: by email [info@arnakamarathon.com](mailto:info@arnakamarathon.com) and to any other points indicated in the announcement of the Organisation Committee.